What past mentees say...

‘Talking about how to prepare for placement interviews with my mentor helped greatly in improving my performance and I have now got a placement for next year. Having a mentor has given me greater confidence and determination to achieve my career goal.’
**Wakaas, second year, accounting**

‘I was able to find the answers I wanted about my future career, not only by my mentor giving me information, but by setting me research tasks so I could find things out independently. I am now a much more organised and confident person because it gave me the chance to do something for myself which will prove helpful to my future.’
**Lauren, second year, media studies**

‘The scheme puts you in touch with the right people, gives you an invaluable insight into your chosen career and you might even get your foot in a few doors.’
**Sam, final year, psychology and sociology**

‘Having an LGBT mentor was a great help – it made me more hopeful about being out as gay in my workplace. He helped me greatly with my CV and helped me to get the graduate job.’
**Rachel, final year, law**

How can I apply?

For more information on how to apply, contact
Careers and Employability centre
Sheffield Hallam University
Hallam Square
(next to Owen Building, main entrance)
City campus
Sheffield S1 1WB
0114 225 3752
Email careermentoring@shu.ac.uk

Then what?

If shortlisted, you will be invited to an informal interview. To be selected, an appropriate mentor must be available. Plus you must demonstrate that you have clear aims and objectives for participating, and that you can make the necessary commitments.
Career mentoring scheme

Would you like to find out more about a career that interests you?
Would you like to talk to someone from that profession about your career ideas?
Would you like help with your job applications and interviews?
If you answered yes to any of these questions, then why not consider the career mentoring scheme?

What is mentoring?
The career mentoring scheme gives you the chance to meet with a professional from an organisation or in a job role that interests you. Your mentor can give you the benefit of their experience in a particular occupation, and an insight into the knowledge and skills you need to enter into and progress within that occupation. If you have questions about a career route that interests you, mentoring provides the opportunity to get the answers.

You maintain the partnership over the academic year during which time it is suggested you will arrange to meet up three or four times.

How can I benefit?
Mentoring can be highly beneficial. You have chance to discuss your career options and gain an insight into what's required of you in the work place. You may also have the opportunity to:
• visit a workplace
• research or confirm your career ideas
• gain ‘insider’ advice on the application and job hunting process
• find out about specialist skills/knowledge or training required
• make contacts and meet people
• possibly arrange future work shadowing or work experience
• get the support you need so you can face your job search with confidence

What does mentoring involve?
You initially meet with a careers adviser to discuss your expectations and what you want to achieve from mentoring. Then once a mentor has been identified you:
• attend an induction meeting that helps you to prepare to make the most of the opportunity
• commit to four meetings with your mentor usually in their place of work
• prepare fully for your mentoring meetings and set clear goals
• take the lead in arranging meetings, and recording action points agreed with your mentor
• keep in touch and provide us with updates on your mentoring experience
• write a summary/evaluative report of your experience
• attend a ‘recognising achievement’ celebration event

Who are the mentors?
Our mentors volunteer to take part in the scheme and want to help you. They span various careers within a range of local and national organisations.
Organisations who have offered mentors in recent years include Department for Children Schools and Families, DLA Piper LLP, Herbert Baggaley Construction Ltd, HSBC, Irwin Mitchell Solicitors LLP, Jaguar Land Rover, KPMG, Peak District National Park Authority, Sheffield City Council, Siemens, Symmetry Medical and Tata Steel.

LGBT career mentoring
If you are lesbian, gay, bisexual and/or transgender (LGBT) you may apply to have a career mentor who is also LGBT. You will be able to indicate this in your application, and/or talk to someone in confidence about this.

Who can apply?
Participation in the scheme is dependant upon a suitable mentor being available. The career mentoring scheme is primarily aimed at undergraduate students of any course or year and can be particularly useful for:
• first years who want to see how their studies relate to the workplace and want to plan ahead so they choose the module options most appropriate to their future career goal
• second years who are preparing for placement and those who want to get as much experience as possible before they enter the busy final year
• finalists or postgraduates who want to explore options, enhance their CV and extend their network of helpful contacts

The University is committed to promoting equality and diversity. Applications are particularly encouraged from black and minority ethnic students, disabled or LGBT students and anyone who wants to make a positive impact on their future.